



## SURGERY FOR RHEUMATOID ARTHRITIS

General	Spine Foot Hip	
Hand	Nerve Flexor tendon Wrist	Knee Wrist Shoulder Thumb Extensor tendon Thumb MCPJ Elbow Fingers Tendon balance DIPJ
Urgent intervention	Tendon rupture Nerve compression	
Surgical risks	Anaesthetic Multisystem Technical General	Neck TMJ Cardiopulmonary Anaemia Positioning difficult Thin skin Poor healing
Anaesthesia	Regional anaesthesia is suitable for all rheumatoid hand surgery	
Types of surgery	Nerve  Tendon  Joint	Decompression Neurolysis Tendon transfer Tenosynovectomy Reconstruction Tendon transfer Arthroplasty Arthrodesis Stabilization
Common operations	Carpal tunnel release  Dorsal synovectomy  Metacarpophalangeal joint arthroplasty Thumb stabilization Wrist fusion	+Flexor synovectomy ±Flexor tendon reconstruction ±Ulnar head excision (Darrach) ±Extensor tendon reconstruction
Surgery	<b>Predictable</b> Carpal tunnel release Tenosynovectomy Wrist arthrodesis Distal ulnar resection Thumb arthrodesis	<b>Unpredictable</b> DIPJ arthrodesis Synovectomy MCPJ arthroplasty PIPJ arthroplasty Tendon rebalancing